

VEGETARIAN, VEGAN, & PEA PROTEIN

MonTM
Cuisine

2025

PRODUCT GUIDE

Fully Cooked in Sauce

Stuffed Peppers

-in marinara sauce

Ready to get stuffed? We filled these peppers to the brim with our great tasting "meat," and then dressed them with a perfect pomodoro sauce.



05-VSPBM
24/8 oz
2/6 LB



Amount/serving		% Daily Value*	Amount/serving		% Daily Value*
Total Fat	3g	4%	Total Carbohydrate	25g	9%
Saturated Fat	0g	0%	Dietary Fiber	4g	14%
Trans Fat	0g		Total Sugars	17g	
Cholesterol	0mg	0%	Incl. 12g Added Sugars	24%	
Sodium	310mg	13%	Protein	8g	
Calories 150 per serving					
Vitamin D 0mcg 0% • Calcium 73mg 6% • Iron 2mg 10% Potassium 473mg 10%					
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: WATER, PEPPER, SUGAR, TOMATO PASTE (TOMATOES, SALT, CITRIC ACID), SOY PROTEIN CONCENTRATE, RICE, SOYBEAN OIL, HYDROLYZED SOY PROTEIN, SOY SAUCE (WATER, WHEAT, SOYBEANS, SUGAR, SALT, CORN SYRUP SOLIDS, HYDROLYZED SOY & CORN PROTEINS, SEASONING, LACTIC ACID, NATURAL FLAVORS, SODIUM BENZONATE), VINEGAR, SPICES & FLAVORINGS, CARRAGEENAN, MODIFIED FOOD STARCH, SALT, CARAMEL COLOR.
CONTAINS: SOY, WHEAT.

Stuffed Cabbage

-in tomato sauce

Take me home, sweet stuffed cabbage roll, oh take me home to this classic and great tasting dish that will leave you stuffed.



05-VSCBS
24/8 oz
2/6 LB



Amount/serving		% Daily Value*	Amount/serving		% Daily Value*
Total Fat	1.5g	2%	Total Carbohydrate	25g	9%
Saturated Fat	0g	0%	Dietary Fiber	2g	7%
Trans Fat	0g		Total Sugars	18g	
Cholesterol	0mg	0%	Incl. 15g Added Sugars	30%	
Sodium	460mg	20%	Protein	6g	
Calories 130 per serving					
Vitamin D 0mcg 0% • Calcium 53mg 4% • Iron 2mg 10% Potassium 374mg 8%					
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: WATER, CABBAGE LEAVES, SUGAR, TOMATO PASTE (TOMATOES, SALT, CITRIC ACID), SOY PROTEIN CONCENTRATE, RICE, VINEGAR, SOYBEAN OIL, HYDROLYZED SOY PROTEIN, MODIFIED FOOD STARCH, SOY SAUCE, SALT, SPICES & FLAVORINGS, CARRAGEENAN, CARAMEL COLOR.
CONTAINS: SOY.

Grilled Steak

-in mushroom sauce

Did someone say steak? Tuck in and enjoy soft steak smothered in a tasty mushroom sauce.



05-VSM



Amount/serving		% Daily Value*	Amount/serving		% Daily Value*
Total Fat	4.5g	6%	Total Carbohydrate	23g	8%
Saturated Fat	0.5g	3%	Dietary Fiber	1g	4%
Trans Fat	0g		Total Sugars	7g	
Cholesterol	0mg	0%	Incl. 0g Added Sugars	0%	
Sodium	160mg	7%	Protein	19g	
Calories 180 per serving					
Vitamin D 0mcg 0% • Calcium 136mg 10% • Iron 5mg 30% Potassium 786mg 15%					
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: WATER, ONIONS, SOY PROTEIN CONCENTRATE, MUSHROOMS (MUSHROOMS, SALT, CITRIC ACID, ASORBIC ACID), SOY PROTEIN CONCENTRATE, MODIFIED FOOD STARCH, SOYBEAN OIL, CELLULOSE GUM, HYDROLYZED SOY PROTEIN, SPICES & FLAVORINGS, CARRAGEENAN, BLACK PEPPER.
CONTAINS: SOY.

Fully Cooked in Sauce

Veal Style Chicken Cutlet

-in marinara sauce

A cut above, these tender veal style cutlets are brought to life by a creamy, wholesome tomato sauce.



05-VCMBM



Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 8g		8g	10%	Total Carbohydrate 37g	13%
Saturated Fat 1g		1g	5%	Dietary Fiber 2g	7%
Trans Fat 0g		0g		Total Sugars 12g	
Cholesterol 0mg		0mg	0%	Incl. 3g Added Sugars	6%
Sodium 250mg		250mg	11%	Protein 19g	
Calories 270		Vitamin D 0mcg 0% • Calcium 132mg 10% • Iron 5mg 30% Potassium 820mg 15%			
per serving		*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			
		Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			

INGREDIENTS: WATER, SOY PROTEIN CONCENTRATE, (TOMATOES, WHOLE PEELED TOMATOES, TOMATO PASTE (TOMATOES, SALT, CITRIC ACID), BREADCRUMBS (WHEAT FLOUR, YEAST, SUGAR, SALT, PAPRIKA), SOYBEAN OIL, FLOUR, ONIONS, SPICES & FLAVORINGS, CELLULOSE GUM, HYDROLYZED VEGETABLE PROTEIN, SUGAR, HYDROLYZED SOY PROTEIN, DEXTROSE, WHITE PEPPER, SALT, XANTHAN GUM.

CONTAINS: SOY, WHEAT.

Vegetarian Hawaiian Nuggets

-with pineapple in sauce

Aloha, let's eat! Delicious bite-sized nuggets smothered in a deep and hearty pineapple sauce.



05-VHNM



Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 5g		5g	6%	Total Carbohydrate 27g	10%
Saturated Fat 0.5g		0.5g	3%	Dietary Fiber 0g	0%
Trans Fat 0g		0g		Total Sugars 4g	
Cholesterol 0mg		0mg	0%	Incl. 1g Added Sugars	2%
Sodium 460mg		460mg	20%	Protein 16g	
Calories 210		Vitamin D 0mcg 0% • Calcium 96mg 8% • Iron 3mg 15% Potassium 420mg 8%			
per serving		*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			
		Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			

INGREDIENTS: WATER, PINEAPPLE CHUNKS, SUGAR, SOY PROTEIN CONCENTRATE, TOMATO PASTE (TOMATOES, SALT, CITRIC ACID), BREADCRUMBS (WHEAT FLOUR, YEAST, SUGAR, SALT, PAPRIKA), HYDROLYZED WHEAT PROTEIN, CELLULOSE GUM, VINEGAR, SOY PROTEIN CONCENTRATE, MODIFIED FOOD STARCH, SPICES & FLAVORINGS, HYDROLYZED VEGETABLE PROTEIN, SALT, DEXTROSE, LIQUID SMOKE.

CONTAINS: SOY, WHEAT.

"Vegan" Meatballs

-in tomato sauce

It doesn't get more comforting than hearty meatballs in a flavorsome sauce. Eat up!



05-VMTSM



Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 1g		1g	1%	Total Carbohydrate 31g	11%
Saturated Fat 0g		0g	0%	Dietary Fiber 1g	4%
Trans Fat 0g		0g		Total Sugars 18g	
Cholesterol 0mg		0mg	0%	Incl. 15g Added Sugars	30%
Sodium 750mg		750mg	33%	Protein 19g	
Calories 200		Vitamin D 0mcg 0% • Calcium 75mg 6% • Iron 4mg 20% Potassium 149mg 4%			
per serving		*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			
		Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			

INGREDIENTS: WATER, SOY PROTEIN CONCENTRATE, HYDROLYZED WHEAT PROTEIN, SOYBEAN OIL, SOY PROTEIN ISOLATE, BREADCRUMBS (BLEACHED WHEAT FLOUR, SUGAR, YEAST, SALT, EXPELLER PRESSED SUNFLOWER OIL), CELLULOSE GUM, SOY SAUCE (WATER, HYDROLYZED VEGETABLE PROTEIN, SALT, CORN SYRUP SOLIDS, CARAMEL COLOR, SPICES & NATURAL FLAVOR), HYDROLYZED SOY PROTEIN, GRANULATED ONIONS, DEXTROSE, SALT, HYDROLYZED VEGETABLE PROTEIN, MODIFIED FOOD STARCH, MALTODEXTRIN TAPIOCA, CARAMEL COLOR, PALM OIL, SPICES.

CONTAINS: SOY, WHEAT.

Fully Cooked in Sauce

Ravioli

-in tomato sauce

Revel in this multi beni ravioli that hits all the right spots. Tastes great, and it's easy to make.



05-VRB



Amount/serving		% Daily Value*	Amount/serving		% Daily Value*
Total Fat	0g	0%	Total Carbohydrate	21g	8%
Saturated Fat	0g	0%	Dietary Fiber	1g	4%
Trans Fat	0g		Total Sugars	4g	
Cholesterol	0mg	0%	Incl. 1g Added Sugars		2%
Sodium	135mg	6%	Protein	4g	
Vitamin D 0mcg 0% • Calcium 25mg 2% • Iron 2mg 10% Potassium 175mg 4%					
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>					
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>					

INGREDIENTS: WATER, FLOUR, (CRUSHED TOMATOES, WHOLE PEELED TOMATOES, TOMATO PASTE, (TOMATOES, SALT, CITRIC ACID), ONIONS, SOY PROTEIN CONCENTRATE, CARROTS, CORN, SUGAR, EGGS, HYDROLYZED SOY PROTEIN, SPICES & FLAVORINGS, POTATO FLAKES (POTATOES, SODIUM ACID PYROPHOSPHATE, MONOGLYCERIDES), GARLIC FRESH, SALT, SOYBEAN OIL, VINEGAR, MODIFIED FOOD STARCH, BLACK PEPPER, OREGANO, BASIL, THYME, WHITE PEPPER, TURMERIC.
CONTAINS: WHEAT SOY, EGGS.

Salisbury Steak

-in brown sauce

With this on your plate, life is all gravy. Enjoy the ever-popular Salisbury steak that tastes like it was mama made.



05-VSSM



Amount/serving		% Daily Value*	Amount/serving		% Daily Value*
Total Fat	0.5g	1%	Total Carbohydrate	16g	6%
Saturated Fat	0g	0%	Dietary Fiber	1g	4%
Trans Fat	0g		Total Sugars	4g	
Cholesterol	0mg	0%	Incl. 0g Added Sugars		0%
Sodium	115mg	5%	Protein	21g	
Vitamin D 0mcg 0% • Calcium 106mg 8% • Iron 4mg 20% Potassium 248mg 6%					
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>					
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>					

INGREDIENTS: WATER, SOY PROTEIN CONCENTRATE, BEEF BASE (MALTODEXTRIN, SPICES & FLAVORINGS, DEHYDRATED VEGETABLES, MODIFIED FOOD STARCH, DEXTROSE, SUGAR, OIL, CARMEL COLOR), SOY PROTEIN CONCENTRATE, HYDROLYZED SOY PROTEIN, CELLULOSE GUM, SPICES & FLAVORINGS, CARRAGEENAN, BLACK PEPPER, CARMEL COLOR.
CONTAINS: SOY.

Fully Cooked I.Q.F.

Veggie Okara Patties

Grab these patties and make yourself an OLT, that's an okara, lettuce, tomato sandwich, or you can grill and saute them in your favorite sauce.



05-VOP



Amount/serving		% Daily Value*	Amount/serving		% Daily Value*
Total Fat 5g	6%	Total Carbohydrate 11g	4%		
Saturated Fat 1g	5%	Dietary Fiber 5g	18%		
Trans Fat 0g		Total Sugars 4g			
Cholesterol 0mg	0%	Incl. 1g Added Sugars	2%		
Sodium 380mg	17%	Protein 7g			
Vitamin D 0mcg 0% • Calcium 52mg 4% • Iron 2mg 10% Potassium 359mg 8%					
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>					
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>					

INGREDIENTS: WATER, SOY PROTEIN CONCENTRATE, SOYBEAN OIL, EGG, POTATO FLAKES, CELLULOSE GUM, SUGAR, SPICES & FLAVORINGS, SALT, HYDROLYZED VEGETABLE PROTEIN, CARRAGEENAN, DEXTROSE, WHITE PEPPER.

CONTAINS: SOY, EGGS.

Fully Cooked Vegan I.Q.F.

Ravioli

One bite, and you'll be raving about this perfectly textured ravioli.



05-MVMR



Amount/serving		% Daily Value*	Amount/serving		% Daily Value*
Total Fat 19g	24%	Total Carbohydrate 37g	13%		
Saturated Fat 3g	15%	Dietary Fiber 1g	4%		
Trans Fat 0g		Total Sugars 1g			
Cholesterol 0mg	0%	Incl. 0g Added Sugars	0%		
Sodium 180mg	8%	Protein 8g			
Vitamin D 0mcg 0% • Calcium 16mg 2% • Iron 3mg 15% Potassium 57mg 2%					
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>					
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>					

INGREDIENTS: FLOUR, WATER, SOYBEAN OIL, SOY PROTEIN ISOLATE, EGGS, HYDROLYZED VEGETABLE PROTEIN, SUGAR, MODIFIED FOOD STARCH, CELLULOSE GUM, SALT, ONION POWDER.

CONTAINS: EGGS.

Fully Cooked Vegan I.Q.F.

Veggie Style Bologna Roll

No bolany here, just a delicious bologna roll that's great grilled, fried, roasted, or sauteed. Make a sandwich, or throw on a salad and enjoy.



05-HSBC
4/4 LB
16 LB



Amount/serving		% Daily Value*	Amount/serving		% Daily Value*
Total Fat	1g	1%	Total Carbohydrate	9g	3%
Saturated Fat	0g	0%	Dietary Fiber	0g	0%
Trans Fat	0g		Total Sugars	0g	
Cholesterol	0mg	0%	Incl. 0g Added Sugars		0%
Sodium	15mg	1%	Protein	31g	
Calories 160 per serving					
Vitamin D 0mcg 0% • Calcium 82mg 6% • Iron 3mg 15% Potassium 117mg 2%					
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: WATER, GLUTEN, BEET POWDER, SOY PROTEIN CONCENTRATE, HYDROLYZED VEGETABLE PROTEIN, SPICES, SOYBEAN OIL, SMOKE FLAVOR.
CONTAINS: WHEAT, SOY.

Vegan Chicken Style Roll

Dice it or slice it, fry it, broil it, sauce it or sauté it. Your options are unlimited when it comes to packing this roll into your menu.



05-HSTC
4/4 lb
16 LB



Amount/serving		% Daily Value*	Amount/serving		% Daily Value*
Total Fat	1g	1%	Total Carbohydrate	7g	3%
Saturated Fat	0g	0%	Dietary Fiber	0g	0%
Trans Fat	0g		Total Sugars	1g	
Cholesterol	0mg	0%	Incl. 1g Added Sugars		2%
Sodium	15mg	1%	Protein	32g	
Calories 160 per serving					
Vitamin D 0mcg 0% • Calcium 70mg 6% • Iron 2mg 10% Potassium 128mg 2%					
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: WATER, WHEAT GLUTEN, SOY PROTEIN CONCENTRATE, HYDROLYZED VEGETABLE PROTEIN, DEXTROSE, SPICE, SMOKE FLAVOR.
CONTAINS: WHEAT, SOY.

Stuffed Shell Pasta

Shell ye! That's what you'll be saying after one bite of these delicious stuffed shells.



05-MVMS
80 pcs
11 LB



Amount/serving		% Daily Value*	Amount/serving		% Daily Value*
Total Fat	1g	1%	Total Carbohydrate	32g	12%
Saturated Fat	0g	0%	Dietary Fiber	2g	7%
Trans Fat	0g		Total Sugars	4g	
Cholesterol	0mg	0%	Incl. 2g Added Sugars		4%
Sodium	150mg	7%	Protein	7g	
Calories 160 per serving					
Vitamin D 0mcg 0% • Calcium 37mg 2% • Iron 2mg 10% Potassium 265mg 6%					
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: WATER, FLOUR, FRESH ONIONS, SOY PROTEIN CONCENTRATE, CARROTS, CORN, SUGAR, TOMATO PASTE (TOMATOES, SALT, CITRIC ACID), EGGS, POTATO FLAKES (POTATOES, SODIUM ACID PYROPHOSPHATE, MONOGLYCERIDES), SOYBEAN OIL, SALT, SPICES & FLAVORINGS, HYDROLYZED SOY PROTEIN, VINEGAR, MODIFIED FOOD STARCH, BLACK PEPPER, OREGANO, BASIL, WHITE PEPPER, TURMERIC.
CONTAINS: SOY, EGGS.

Fully Cooked Vegan I.Q.F.

Vegan Whole Wheat Nuggets

In the mood for nuggets? We'll make you whole with these wholesome and tasty bites.



05-VNW



Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 2g		3%	Total Carbohydrate 25g	9%	
Saturated Fat 0g		0%	Dietary Fiber 1g	4%	
Trans Fat 0g			Total Sugars 3g		
Cholesterol 0mg		0%	Incl. 1g Added Sugars	2%	
Sodium 30mg		1%	Protein 16g		
Calories 170 per serving		Vitamin D 0mcg 0% • Calcium 65mg 6% • Iron 3mg 15% Potassium 462mg 10%			
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>					
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>					

INGREDIENTS: WATER, SOY PROTEIN CONCENTRATE, BREADCRUMBS (FINE & COARSE (WHOLE WHEAT FLOUR, YEAST, SUGAR, SALT, PAPRIKA OF EXTRATIVES)), WHOLE WHEAT FLOUR, CELLULOSE GUM, SPICES, HYDROLYZED VEGETABLE PROTEIN, SOYBEAN OIL, SUGAR, DEXTROSE, WHITE PEPPER, XANTHAN GUM, SMOKE FLAVOR.

CONTAINS: SOY, WHEAT.

Vegan Egg Roll

-ginger

Ready to roll? Now you are. One bite of this zesty and inviting Egg roll will put a smile on anyone's face.



05-NERL



Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 1g		1%	Total Carbohydrate 45g	16%	
Saturated Fat 0g		0%	Dietary Fiber 2g	7%	
Trans Fat 0g			Total Sugars 6g		
Cholesterol 5mg		2%	Incl. 4g Added Sugars	8%	
Sodium 800mg		35%	Protein 8g		
Calories 220 per serving		Vitamin D 0mcg 0% • Calcium 61mg 4% • Iron 3mg 15% Potassium 201mg 4%			
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>					
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>					

INGREDIENTS: CABBAGE, EGG ROLL SKINS (WHEAT FLOUR, WATER, CORN STARCH, SALT, ASORBIC & CITRIC ACID), CELERY, FLOUR, MUSHROOMS (MUSHROOMS, SALT, CITRIC ACID, ASORBIC ACID), SUGAR, TAMARI LIGHT, WHEAT GLUTEN, SALT, GINGER, SPICES & FLAVORING, SOY PROTEIN CONCENTRATE, WHITE PEPPER, HYDROLYZED VEGETABLE PROTEIN, DEXTROSE, SMOKE FLAVOR.

CONTAINS: WHEAT, SOY.

Vegan Chicken Kiev

In the mood for some kickin chicken Kiev? You've come to the right place.



05-VCK



Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 8g		10%	Total Carbohydrate 29g	11%	
Saturated Fat 1g		5%	Dietary Fiber 1g	4%	
Trans Fat 0g			Total Sugars 6g		
Cholesterol 0mg		0%	Incl. 1g Added Sugars	2%	
Sodium 200mg		9%	Protein 11g		
Calories 220 per serving		Vitamin D 0mcg 0% • Calcium 105mg 8% • Iron 3mg 15% Potassium 371mg 8%			
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>					
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>					

INGREDIENTS: WATER, BREAD CRUMBS (WHEAT FLOUR, YEAST, SUGAR, SALT, PAPRIKA), SOY PROTEIN CONCENTRATE, SOYBEAN OIL, RED/GREEN PEPPERS, ONIONS, RICE, MUSHROOMS (MUSHROOMS, SALT, CITRIC ACID, ASORBIC ACID), FLOUR, CELLULOSE GUM, SPICES & FLAVORINGS, HYDROLYZED VEGETABLE PROTEIN, SUGAR, (CHICKEN BASE, BEEF BASE (MALTODEXTRIN, ONION POWDER, DEHYDRATED VEGETABLES, MODIFIED FOOD STARCH, DEXTROSE, SUGAR, OIL, SEASONINGS, CARAMEL COLOR), DEXTROSE, WHITE PEPPER, BAY LEAVES, SALT, HYDROLYZED SOY PROTEIN, TAMARI LIGHT, CARAMEL COLOR, BLACK PEPPER, THYME.

CONTAINS: WHEAT, SOY.



Fully Cooked Vegan I.Q.F.

Vegan Diced Chicken

Contains Gluten Free Ingredients

Manufactured in a Facility that is not Gluten Free

Roll the dice and take some big bites, these tasty cubes are ready for whatever salad or pasta you throw them on.

05-VDC
10 LB

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 6g		6g	8%	Total Carbohydrate 11g	4%
Saturated Fat 1g		1g	5%	Dietary Fiber 0g	0%
Trans Fat 0g		0g		Total Sugars 3g	
Cholesterol 0mg		0mg	0%	Incl. 0g Added Sugars	0%
Sodium 460mg		460mg	20%	Protein 16g	
Vitamin D 0mcg 0%		0mcg	0%	Calcium 71mg 6%	6%
Potassium 378mg 8%		378mg	8%	Iron 3mg 15%	15%
40 servings per container					
Serving size 4 oz. (113g)					
Calories 160					
per serving					
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					



INGREDIENTS: WATER, SOY PROTEIN CONCENTRATE, SHORTENING (PALM OIL, PALM STEARIN, MONODIGLYCERIDES), HYDROLYZED VEGETABLE PROTEIN, SPICES & FLAVORING, DEXTROSE, SMOKE FLAVOR.

CONTAINS: SOY.

Fully Cooked Vegan I.Q.F.

Vegan Burger

Why is this burger different than all other burgers? Simple, it's delicious, easy to make, and 100% vegan. Go ahead and dig in.



VBURGER2
48/3.4 oz
10.2 LB



Amount/serving		% Daily Value*	Amount/serving		% Daily Value*
Total Fat 5g	6%	Total Carbohydrate 13g	5%		
Saturated Fat 0.5g	3%	Dietary Fiber 0g	0%		
Trans Fat 0g		Total Sugars 3g			
Cholesterol 0mg	0%	Incl. 1g Added Sugars	2%		
Sodium 10mg	0%	Protein 12g			
Calories 130 per serving					
Vitamin D 0mcg 0% • Calcium 62mg 4% • Iron 2mg 10% Potassium 67mg 2%					
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>					
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>					

INGREDIENTS: WATER, SOY PROTEIN CONCENTRATE, SOYBEAN OIL, FLOUR, HYDROLYZED SOY PROTEIN, CELLULOSE GUM, SPICES, SUGAR, HYDROLYZED VEGETABLE PROTEIN, DEXTROSE, ONION POWDER, WHITE PEPPER.
CONTAINS: SOY, WHEAT.

Vegan Breaded Cutlet

When something else just won't cut it, we've got you set with a hearty breaded cutlet.



05-VCVEG
60/3.5 oz
13.12 LB



Amount/serving		% Daily Value*	Amount/serving		% Daily Value*
Total Fat 4.5g	6%	Total Carbohydrate 22g	8%		
Saturated Fat 0.5g	3%	Dietary Fiber 0g	0%		
Trans Fat 0g		Total Sugars 5g			
Cholesterol 0mg	0%	Incl. 1g Added Sugars	2%		
Sodium 95mg	4%	Protein 11g			
Calories 160 per serving					
Vitamin D 0mcg 0% • Calcium 87mg 6% • Iron 3mg 15% Potassium 397mg 8%					
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>					
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>					

INGREDIENTS: WATER, SOY PROTEIN CONCENTRATE, BREADCRUMBS (FINE & COARSE (WHEAT FLOUR, YEAST, SUGAR, SALT, PAPRIKA OF EXTRATIVES)), SOYBEAN OIL, FLOUR, CELLULOSE GUM, SPICES, HYDROLYZED VEGETABLE PROTEIN, SUGAR, DEXTROSE, WHITE PEPPER, XANTHAN GUM.
CONTAINS: SOY, WHEAT.

Vegan Breaded Chicken Nuggets

Good ol nuggets. Classic, delicious, and yours for the taking, eating, or just snacking.



05-VN
200/0.8 oz
10 LB



Amount/serving		% Daily Value*	Amount/serving		% Daily Value*
Total Fat 5g	6%	Total Carbohydrate 26g	9%		
Saturated Fat 0.5g	3%	Dietary Fiber 0g	0%		
Trans Fat 0g		Total Sugars 6g			
Cholesterol 0mg	0%	Incl. 1g Added Sugars	2%		
Sodium 110mg	5%	Protein 12g			
Calories 190 per serving					
Vitamin D 0mcg 0% • Calcium 100mg 8% • Iron 3mg 15% Potassium 453mg 10%					
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>					
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>					

INGREDIENTS: WATER, SOY PROTEIN CONCENTRATE, BREADCRUMBS (FINE & COARSE (WHEAT FLOUR, YEAST, SUGAR, SALT, PAPRIKA OF EXTRATIVES)), SOYBEAN OIL, FLOUR, CELLULOSE GUM, GRANULATED ONIONS, HYDROLYZED VEGETABLE PROTEIN, SPICES, SUGAR, DEXTROSE, WHITE PEPPER, XANTHAN GUM.
CONTAINS: SOY, WHEAT.

Fully Cooked Vegan I.Q.F.

Vegan Breaded Chicken Patties

It doesn't get better than a nice breaded patty, bursting with flavor, and calling your name.



05-VCPRM

48/3 oz

9 LB



Amount/serving		% Daily Value*	Amount/serving		% Daily Value*
Total Fat 4g		5%	Total Carbohydrate 19g		7%
Saturated Fat 0.5g		3%	Dietary Fiber 0g		0%
Trans Fat 0g			Total Sugars 4g		
Cholesterol 0mg		0%	Incl. 1g Added Sugars		2%
Sodium 80mg		3%	Protein 9g		
Calories 140 per serving					
<small>Vitamin D 0mcg 0% • Calcium 75mg 6% • Iron 3mg 15% Potassium 341mg 8%</small>					
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>					
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>					

INGREDIENTS: WATER, SOY PROTEIN CONCENTRATE, BREAD CRUMBS FINE & CORASE (WHEAT FLOUR, YEAST, SUGAR, SALT, PAPRIKA), SOYBEAN OIL, FLOUR, CELLULOSE GUM, SPICES & FLAVORINGS, HYDROLYZED VEGETABLE PROTEIN, SUGAR, DEXTROSE, WHITE PEPPER, XANTHAN GUM.
CONTAINS: SOY, WHEAT.

Vegan Chicken Strips

Great for dipping, topping, and snacking there's nothing bare about these great tasting strips.



05-VCS

10 LB



Amount/serving		% Daily Value*	Amount/serving		% Daily Value*
Total Fat 5g		6%	Total Carbohydrate 27g		10%
Saturated Fat 0.5g		3%	Dietary Fiber 0g		0%
Trans Fat 0g			Total Sugars 4g		
Cholesterol 0mg		0%	Incl. 1g Added Sugars		2%
Sodium 460mg		20%	Protein 16g		
Calories 210 per serving					
<small>Vitamin D 0mcg 0% • Calcium 96mg 8% • Iron 3mg 15% Potassium 420mg 8%</small>					
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>					
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>					

INGREDIENTS: WATER, SOY PROTEIN CONCENTRATE, BREAD CRUMBS (WHEAT FLOUR, YEAST, SUGAR, SALT, PAPRIKA), HYDROLYZED WHEAT PROTEIN, SOYBEAN OIL, CELLULOSE GUM, SPICES & FLAVORINGS, FLOUR, HYDROLYZED VEGETABLE PROTEIN, SUGAR, SALT, DEXTROSE, WHITE PEPPER CRUSHED RED PEPPER, XANTHAN GUM.
CONTAINS: SOY, WHEAT.

Vegan Chicken Style Pot Pies

Your one pot stop for a delicious chicken dinner all wrapped up and ready to go.



05-VCPPFS

18 pcs

11.25 LB



Amount/serving		% Daily Value*	Amount/serving		% Daily Value*
Total Fat 45g		58%	Total Carbohydrate 77g		28%
Saturated Fat 6g		30%	Dietary Fiber 5g		18%
Trans Fat 1g			Total Sugars 8g		
Cholesterol 0mg		0%	Incl. 4g Added Sugars		8%
Sodium 700mg		30%	Protein 14g		
Calories 770 per serving					
<small>Vitamin D 0mcg 0% • Calcium 45mg 4% • Iron 5mg 30% Potassium 270mg 6%</small>					
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>					
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>					

INGREDIENTS: WATER, FLOUR, SHORTENING (PALM OIL, PALM STEARIN, MONODIGLYCERIDES), BABY CORN, PEAS & CARROTS, SOY PROTEIN CONCENTRATE, SUGAR, SALT, MODIFIED FOOD STARCH, SOY PROTEIN CONCENTRATE, HYDROLYZED VEGETABLE PROTEIN, DEXTROSE, SPICES & FLAVORINGS, CELLULOSE GUM, TURMERIC, SMOKE FLAVOR, PARSLEY.
CONTAINS: FLOUR, SOY.

Fully Cooked Vegan I.Q.F.

Vegan Meatball

There's a reason these meatballs make the rounds. Flavorsome, filling, and ready to be downed.



05-VMVEG
160/1 oz
10 LB



Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 6g		6g	8%	Total Carbohydrate 11g	4%
Saturated Fat 1g		1g	5%	Dietary Fiber 0g	0%
Trans Fat 0g		0g		Total Sugars 3g	
Cholesterol 0mg		0mg	0%	Incl. 0g Added Sugars	0%
Sodium 460mg		460mg	20%	Protein 16g	
Calories 160 per serving		Vitamin D 0mcg 0% • Calcium 71mg 6% • Iron 3mg 15% Potassium 378mg 8%			
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: WATER, SOY PROTEIN CONCENTRATE, HYDROLYZED WHEAT PROTEIN, SOYBEAN OIL, SOY PROTEIN ISOLATE, BREADCRUMBS (WHEAT FLOUR, YEAST, SUGAR, SALT, PAPRIKA OF EXTRACTIVES), CELLULOSE GUM, SOY SAUCE, BEEF BASE (MALTODEXTRIN TAPIOCA, DEHYDRATED VEGETABLES, MODIFIED FOOD STARCH, DEXTROSE, SUGAR, OIL, SEASONINGS, CARAMEL COLOR), HYDROLYZED SOY PROTEIN, SPICES & FLAVORINGS, SALT, HYDROLYZED VEGETABLE PROTEIN, DEXTROSE, CARAMEL COLOR, SMOKE FLAVOR.

CONTAINS: SOY, WHEAT.

Vegan Breaded Sesame Chicken Nuggets

Open sesame? Open your mouth and dig into these mouthwateringly good chicken nuggets.



05-VNS
200/0.8 oz
10 LB



Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 6g		6g	8%	Total Carbohydrate 23g	9%
Saturated Fat 1g		1g	5%	Dietary Fiber 1g	5%
Trans Fat 0g		0g		Total Sugars 3g	
Cholesterol 0mg		0mg	0%	Incl. 1g Added Sugars	2%
Sodium 135mg		135mg	6%	Protein 16g	
Calories 200 per serving		Vitamin D 0mcg 0% • Calcium 94mg 8% • Iron 3mg 20% Potassium 477mg 10%			
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: WATER, SOY PROTEIN CONCENTRATE, BREAD CRUMBS FINE & COARSE (WHEAT FLOUR, YEAST, SUGAR, SALT, PAPRIKA), SOYBEAN OIL, FLOUR, SESAME SEEDS, CELLULOSE GUM, SPICES & FLAVORINGS, HYDROLYZED VEGETABLE PROTEIN, SUGAR, DEXTROSE, WHITE PEPPER, XANTHAN GUM.

CONTAINS: SOY, WHEAT.

Vegan Breakfast Sausage

Sausage for your thoughts? These perfectly plump breakfast boosters are everyone's favorite.



05-VBS
10.5 LB



Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 3g		3g	4%	Total Carbohydrate 10g	4%
Saturated Fat 0g		0g	0%	Dietary Fiber 0g	0%
Trans Fat 0g		0g		Total Sugars 3g	
Cholesterol 0mg		0mg	0%	Incl. 1g Added Sugars	2%
Sodium 40mg		40mg	2%	Protein 14g	
Calories 110 per serving		Vitamin D 0mcg 0% • Calcium 94mg 8% • Iron 3mg 15% Potassium 616mg 15%			
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: WATER, SOY PROTEIN CONCENTRATE, SOY PROTEIN CONCENTRATE, SOYBEAN OIL, CELLULOSE GUM, SUGAR, CARRAGEENAN, SOY SAUCE (WATER, WHEAT, SOYBEANS, SUGAR, SALT, CORN SYRUP SOLIDS, HYDROLYZED SOY & CORN PROTEIN, NATURAL FLAVORS), CARMEL COLOR, FLAVORING.

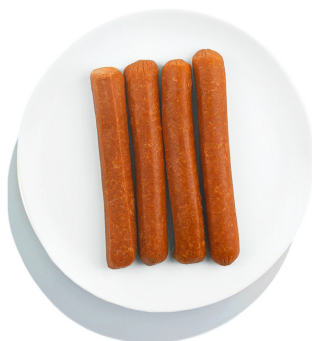
CONTAINS: SOY, WHEAT.

Fully Cooked Vegan I.Q.F.

Vegan Franks

10 per lb

Can we be frank? No? Well, you can. Thanks to these great tasting franks, now just bun and you're done.



05-VF
2/5 LB
10 LB



Amount/serving		% Daily Value*	Amount/serving		% Daily Value*
Total Fat 5g		6%	Total Carbohydrate 6g		2%
Saturated Fat 1g		5%	Dietary Fiber 2g		12%
Trans Fat 0g			Total Sugars 1g		
Cholesterol 0mg		0%	Incl. 1g Added Sugars		2%
Sodium 430mg		19%	Protein 7g		
Vitamin D 0mcg 0% • Calcium 41mg 4% • Iron 1mg 6% Potassium 122mg 2%					
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: WATER, SOYBEAN OIL, HYDROLYZED WHEAT PROTEIN, SOY PROTEIN CONCENTRATE, SOY SAUCE (WATER, WHEAT, SOYBEANS, SUGAR, SALT, CORN SYRUP SOLIDS, HYDROLYZED SOY & CORN PROTEIN, NATURAL FLAVORS), CARRAGEENAN, CELLULOSE GUM, PAPRIKA, SPICES & FLAVORINGS, SALT, SUGAR, SMOKE FLAVOR, HYDROLYZED VEGETABLE PROTEIN, DEXTROSE.

CONTAINS: WHEAT, SOY.

Vegan Breakfast Sausage Patties

No better way to start your day than with a perfect sausage patty. Your good morning just got a little better.



05-VBSP
112/1.5 oz
10.5 LB



Amount/serving		% Daily Value*	Amount/serving		% Daily Value*
Total Fat 9g		12%	Total Carbohydrate 16g		6%
Saturated Fat 1.5g		8%	Dietary Fiber 0g		0%
Trans Fat 0g			Total Sugars 3g		
Cholesterol 0mg		0%	Incl. 0g Added Sugars		0%
Sodium 95mg		4%	Protein 16g		
Vitamin D 0mcg 0% • Calcium 72mg 6% • Iron 4mg 20% Potassium 333mg 8%					
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: WATER, SOY PROTEIN CONCENTRATE, HYDROLYZED WHEAT PROTEIN, SOYBEAN OIL, SOY ISOLATE, BREAD CRUMBS (WHEAT FLOUR, YEAST, SUGAR, SALT, PAPRIKA), CELLULOSE GUM, SPICES, HYDROLYZED SOY PROTEIN, FENNEL, SUGAR, CARAMEL COLOR.

CONTAINS: SOY, WHEAT.

Vegan Falafel Balls

Falalalala I can't hear you over these crunchy on the outside, soft on the inside falafel balls.



05-VFB
160/1 oz
10 LB



Amount/serving		% Daily Value*	Amount/serving		% Daily Value*
Total Fat 8g		10%	Total Carbohydrate 36g		13%
Saturated Fat 1g		5%	Dietary Fiber 7g		25%
Trans Fat 0g			Total Sugars 6g		
Cholesterol 0mg		0%	Incl. 0g Added Sugars		0%
Sodium 730mg		32%	Protein 10g		
Vitamin D 0mcg 0% • Calcium 224mg 15% • Iron 3mg 15% Potassium 378mg 8%					
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: WATER, CHICK PEAS, BREAD CRUMBS (WHEAT FLOUR, YEAST, SUGAR, SALT, PAPRIKA), FLOUR, SOYBEAN OIL, SPICES, SALT, CUMMIN, SOY PROTEIN CONCENTRATE, BAKING POWDER, CELLULOSE GUM, BLACK PEPPER, CORIANDOR, PARSLEY FLAKES, OREGANO.

CONTAINS: WHEAT, SOY.

Fully Cooked Vegan I.Q.F.

Veggie Pizza Crumbles

Contains Gluten Free Ingredients

Manufactured in a Facility that is not Gluten Free

Let it all come crumbling down,
and you'll be happier and fuller than ever.

05-BC
2/5 LB
10 LB

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
64 servings per container		Total Fat 0.5g	1%	Total Carbohydrate 5g	2%
Serving size 2.5 oz. (71g)		Saturated Fat 0g	0%	Dietary Fiber 3g	12%
Calories per serving 80		Trans Fat 0g		Total Sugars 1g	
		Cholesterol 0mg	0%	Incl. 0g Added Sugars	0%
		Sodium 350mg	15%	Protein 16g	
		Vitamin D 0mcg 0% • Calcium 102mg 8% • Iron 2mg 15% Potassium 416mg 8%			
		<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>			
		<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>			



INGREDIENTS: WATER, SOY PROTEIN CONCENTRATE,
HYDROLYZED SOY PROTEIN, SPICES, SALT, CARMEL COLOR.
CONTAINS: SOY.



Fully Cooked I.Q.F.

Veggie Burger

Sometimes you just want a good burger, well when the urge strikes we'll be right here, ready and waiting.



VBURGER1
48/3.2 oz
9.6 LB



Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 4.5g		4.5g	6%	Total Carbohydrate 10g	4%
Saturated Fat 0.5g		0.5g	3%	Dietary Fiber 0g	0%
Trans Fat 0g		0g		Total Sugars 2g	
Cholesterol 0mg		0mg	0%	Incl. 0g Added Sugars	0%
Sodium 45mg		45mg	2%	Protein 13g	
Vitamin D 0mcg 0% • Calcium 73mg 6% • Iron 3mg 15% Potassium 138mg 2%					
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: WATER, SOY PROTEIN CONCENTRATE, SOYBEAN OIL, CELLULOSE GUM, HYDROLYZED SOY PROTEIN, SPICES, CARRAGEENAN, BLACK PEPPER.
CONTAINS: SOY.

Pea Protein

Pea Protein Beef Patty

10 lb • contains gluten free ingredients
manufactured in a facility that is not gluten free

You'd be surprised how good this mouth watering burger is.



05-PPBPB
48 patties/3 oz each
10 LB

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 5g		5g	6%	Total Carbohydrate 8g	3%
Saturated Fat 3.5g		3.5g	18%	Dietary Fiber 4g	14%
Trans Fat 0g		0g		Total Sugars 1g	
Cholesterol 0mg		0mg	0%	Incl. 0g Added Sugars	0%
Sodium 170mg		170mg	7%	Protein 10g	
Vitamin D 0mcg 0% • Calcium 7mg 0% • Iron 1mg 6% Potassium 47mg 2%					
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: WATER, PEA PROTIEIN, COCONUT OIL, CELLULOSE GUM, MODIFIED FOOD STARCH, POMAGRANATE JUICE, AGAVA NECTOR, VINEGAR, BEET POWDER, CARRAGEENAN, SMOKE FLAVOR.

» Sear each side over medium heat for 1 minute 30 seconds.

Pea Protein Ground Beef

10 lb • contains gluten free ingredients
manufactured in a facility that is not gluten free

The sky's the limit in preparing this ground beef.



05-PPGBR
10 tubes/1 lb each
10 LB

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 5g		5g	6%	Total Carbohydrate 8g	3%
Saturated Fat 3.5g		3.5g	18%	Dietary Fiber 4g	14%
Trans Fat 0g		0g		Total Sugars 1g	
Cholesterol 0mg		0mg	0%	Incl. 0g Added Sugars	0%
Sodium 170mg		170mg	7%	Protein 10g	
Vitamin D 0mcg 0% • Calcium 7mg 0% • Iron 1mg 6% Potassium 47mg 2%					
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: WATER, PEA PROTIEIN, COCONUT OIL, CELLULOSE GUM, MODIFIED FOOD STARCH, POMAGRANATE JUICE, AGAVA NECTOR, VINEGAR, BEET POWDER, CARRAGEENAN, SMOKE FLAVOR.

» Sear each side over medium heat for 1 minute 30 seconds.

Pea Protein

Pea Protein Chicken Nuggets

10 lb

A quick and easy meal for even the fussiest of eaters.



05-PPBCN
200/0.8 oz each
10 LB

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 14g		14g	18%	Total Carbohydrate 20g	7%
Saturated Fat 2g		2g	10%	Dietary Fiber 4g	14%
Trans Fat 0g		0g		Total Sugars 1g	
Cholesterol 0mg		0mg	0%	Incl. 0g Added Sugars	0%
Sodium 280mg		280mg	12%	Protein 12g	
Vitamin D 0mcg 0% • Calcium 35mg 2% • Iron 1mg 6% Potassium 40mg 0%					
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: WATER, PEA PROTEIN, SOYBEAN OIL, BREADCRUMBS (WHEAT FLOUR, YEAST, SUGAR, SALT, PAPRIKA), CELLULOSE GUM, HYDROLYZED VEGETABLE PROTEIN, MODIFIED FOOD STARCH, FLOUR, AJIPULSE, GRANULATED ONIONS, GRANULATED GARLIC, SUGAR, XANTHAN GUM, SPICES.

CONTAINS: WHEAT.

» Cook each side over medium heat for 2 minutes.

Pea Protein Chicken Patty

10 lb

Just put it on a bun with a few fixings and call it a meal.



05-PPBCP
50 patties/3 oz each
10 LB

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 11g		11g	14%	Total Carbohydrate 15g	5%
Saturated Fat 1.5g		1.5g	8%	Dietary Fiber 3g	11%
Trans Fat 0g		0g		Total Sugars 1g	
Cholesterol 0mg		0mg	0%	Incl. 0g Added Sugars	0%
Sodium 210mg		210mg	9%	Protein 9g	
Vitamin D 0mcg 0% • Calcium 26mg 2% • Iron 1mg 6% Potassium 30mg 0%					
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: WATER, PEA PROTEIN, SOYBEAN OIL, BREADCRUMBS (WHEAT FLOUR, YEAST, SUGAR, SALT, PAPRIKA), CELLULOSE GUM, HYDROLYZED VEGETABLE PROTEIN, MODIFIED FOOD STARCH, FLOUR, AJIPULSE, GRANULATED ONIONS, GRANULATED GARLIC, SUGAR, XANTHAN GUM, SPICES.

CONTAINS: WHEAT.

» Cook each side over medium heat for 2 minutes.

Pea Protein Chicken Cutlets

10 lb

No matter if it is grilled or placed in a skillet, you will enjoy it.



05-PPBCC
50 cutlets/3 oz each
10 LB

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 11g		11g	14%	Total Carbohydrate 15g	5%
Saturated Fat 1.5g		1.5g	8%	Dietary Fiber 3g	11%
Trans Fat 0g		0g		Total Sugars 1g	
Cholesterol 0mg		0mg	0%	Incl. 0g Added Sugars	0%
Sodium 210mg		210mg	9%	Protein 9g	
Vitamin D 0mcg 0% • Calcium 26mg 2% • Iron 1mg 6% Potassium 30mg 0%					
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: WATER, PEA PROTEIN, SOYBEAN OIL, BREADCRUMBS (WHEAT FLOUR, YEAST, SUGAR, SALT, PAPRIKA), CELLULOSE GUM, HYDROLYZED VEGETABLE PROTEIN, MODIFIED FOOD STARCH, FLOUR, AJIPULSE, GRANULATED ONIONS, GRANULATED GARLIC, SUGAR, XANTHAN GUM, SPICES.

CONTAINS: SOY, WHEAT.

» Cook each side over medium heat for 2 minutes.

Chicken Lo Mein

Ingredients

- Oil to sauté
- 1 large onion, diced
- 10 cups Vegan Diced Chicken
- 5 Tbsp Teriyaki sauce
- 2 Tbsp seasoned salt
- 1 Tbsp garlic powder
- ¼ cup consome dissolved in 1½ cups boiling water

Instructions

Heat oil in a large skillet over medium heat.

Sauté a large onion until golden brown.

Add 10 cups Vegan Diced Chicken.

Season the diced chicken with remaining ingredients and heat for 5 to 7 minutes. Stir occasionally.

Add noodles of your choice and sauté another 2 minutes until incorporated. Garnish with fresh cilantro.

Note: Serve with pasta of choice such as lo mein or angel hair. Gluten free option, serve with zoodles.



Honey Garlic Chicken

Ingredients

- ¼ cup extra-virgin olive oil (or canola oil)
- 8 cups Vegan Diced Chicken
- Salt & black pepper
- ½ cup honey
- ⅔ cup low-sodium soy sauce
- 6 cloves minced garlic
- ¼ tsp turmeric
- 1 Tbsp paprika
- 1 tsp red pepper flakes (optional, adjust for heat)

Instructions

Heat olive oil in a large skillet over medium-high heat.

Lightly season the cubed chicken with salt and pepper. (Go easy because the soy sauce has plenty of sodium.)

Add the chicken to the skillet and brown on one side, about 3 to 4 minutes.

Meanwhile, make the glaze. Whisk the honey, soy sauce, garlic, turmeric, paprika, and red pepper flakes, if using, in a small bowl until well combined.

Add the sauce to the pan and toss to coat the chicken pieces. Cook until chicken is cooked through, 4 to 5 more minutes.

Note: Serve with steamed rice and top with green onions and sesame seeds.



Meat Crumble

Ingredients

- ¼ cup oil
- 2 onions, diced
- 6 cups Vegan Meat Crumble, thawed
- 1 can Manwich Original Sloppy Joe Sauce
- 3 Tbsp Otega Taco Seasoning

Instructions

Heat oil on medium heat.

Sauté onion until translucent.

Add meat crumble and sauté for 3 minutes.

Add remaining ingredients and sauté until well combined for another 5 to 6 minutes. Do not overcook.

Note: Serve inside a taco shell, bun, wrap, or over rice, spaghetti, zoodles, quinoa, or the like.



Vegan Chicken Strips

Instructions

OVEN:

Preheat to 400°F.
Place pieces in a single layer onto a greased baking sheet.
Bake on center of rack for 10 to 12 minutes until golden brown and crispy.

AIR FRYER:

Place pieces into the basket in a single layer.
Set air fryer to 380°F.
Cook for 5 minutes and turn over.
Cook for 5 minutes until golden brown and crispy.

STOVE TOP DEEP FRY:

Heat oil to 370°F.
Place chicken fries in oil and fry for 5 to 6 minutes until golden brown.
Rest on cooling rack for 2 minutes.

Note: Do not defrost before cooking.



Mon Cuisine™



Vegetarian Grilled Steak

6 per case / 10 oz ea. /
3.75 lb case

MONVGS



Nutrition Facts

1 serving per container
Serving size
10 oz. (283g)

Calories 210
per serving

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 4g	5%	Total Carbohydrate 32g	12%
Saturated Fat 0.5g	3%	Dietary Fiber 10g	36%
Trans Fat 0g		Total Sugars 8g	
Cholesterol 0mg	0%	Incl. 1g Added Sugars	2%
Sodium 250mg	11%	Protein 17g	
Vitamin D 0mcg 0% • Calcium 122mg 10% • Iron 4mg 20% Potassium 663mg 15%			
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			



Vegan Breaded Chicken Nuggets

6 per case / 10 oz ea. /
3.75 lb case

MONIQN



Nutrition Facts

2 servings per container
Serving size
5 oz. (142g)

Calories 140
per serving

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 1g	1%	Total Carbohydrate 22g	8%
Saturated Fat 0g	0%	Dietary Fiber 9g	32%
Trans Fat 0g		Total Sugars 7g	
Cholesterol 0mg	0%	Incl. 2g Added Sugars	4%
Sodium 25mg	1%	Protein 16g	
Vitamin D 0mcg 0% • Calcium 108mg 8% • Iron 5mg 90% Potassium 759mg 15%			
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			



Vegan Moroccan Chicken

6 per case / 10 oz ea. /
3.75 lb case

MONVMC



Nutrition Facts

1 serving per container
Serving size
1 Package 10 oz.

Calories 240
per serving

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 2.5g	3%	Total Carbohydrate 37g	14%
Saturated Fat 0g	2%	Dietary Fiber 3g	10%
Trans Fat 0g		Total Sugars 3g	
Cholesterol 0mg	0%	Incl. 1g Added Sugars	2%
Sodium 270mg	12%	Protein 20g	
Vitamin D 0mcg 0% • Calcium 95mg 8% • Iron 3mg 20% Potassium 783mg 15%			
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			

VEGETARIAN SOY BASED PRODUCT LINE

NO CHOLESTEROL • THE NATURAL CHOICE • PARVE
HEAT AND SERVE • MICROWAVABLE AND OVENABLE

*VEGAN: NO ANIMAL BY-PRODUCTS (EX: EGGS, HONEY, ETC.)



U kosher
Parve



Vegetarian Stuffed Cabbage

6 per case / 10 oz ea. /
3.75 lb case

MONVSC



Nutrition Facts

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 2.5g	3%	Total Carbohydrate 19g	7%
Saturated Fat 0g	0%	Dietary Fiber 3g	11%
Trans Fat 0g		Total Sugars 9g	
Cholesterol 0mg	0%	Incl. 4g Added Sugars	8%
Sodium 150mg	7%	Protein 7g	
Vitamin D 0mcg 0% • Calcium 73mg 6% • Iron 1mg 6%			
Potassium 367mg 8%			

1 serving per container
Serving size 1 Package 10 oz.
Calories 120 per serving

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4



Vegan Breaded Chicken Patties

6 per case / 9 oz ea. /
3.375 lb case

MONIQP



Nutrition Facts

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 1g	1%	Total Carbohydrate 19g	7%
Saturated Fat 0g	0%	Dietary Fiber 9g	32%
Trans Fat 0g		Total Sugars 7g	
Cholesterol 0mg	0%	Incl. 2g Added Sugars	4%
Sodium 20mg	1%	Protein 15g	
Vitamin D 0mcg 0% • Calcium 97mg 8% • Iron 4mg 20%			
Potassium 684mg 15%			

2 servings per container
Serving size 4.5 oz. (128g)
Calories 120 per serving

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4



Vegetarian Spaghetti & Meatballs

6 per case / 10 oz ea. /
3.75 lb case

MONVSM



Nutrition Facts

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 2.5g	3%	Total Carbohydrate 23g	8%
Saturated Fat 0g	0%	Dietary Fiber 3g	11%
Trans Fat 0g		Total Sugars 8g	
Cholesterol 0mg	0%	Incl. 2g Added Sugars	4%
Sodium 270mg	12%	Protein 20g	
Vitamin D 0mcg 0% • Calcium 128mg 10% • Iron 3mg 15%			
Potassium 516mg 10%			

1 serving per container
Serving size 10 oz. (283g)
Calories 180 per serving

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Mon Cuisine™



Vegetarian Breaded Chicken Style Cutlet

6 per case / 10 oz ea. /
3.75 lb case

MONVCC



Nutrition Facts

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 4g	5%	Total Carbohydrate 25g	9%
Saturated Fat 0.5g	3%	Dietary Fiber 1g	4%
Trans Fat 0g		Total Sugars 3g	
Cholesterol 0mg	0%	Incl. 1g Added Sugars	2%
Sodium 220mg	10%	Protein 16g	
Vitamin D 0mcg 0% • Calcium 75mg 6% • Iron 3mg 15% Potassium 564mg 10%			
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			

1 serving per container
Serving size
10 oz. (283g)

Calories 190
per serving



Vegetarian Italian Stuffed Shell Pasta

6 per case / 10 oz ea. /
3.75 lb case

MONVSSH



Nutrition Facts

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 3.5g	4%	Total Carbohydrate 52g	19%
Saturated Fat 0.5g	3%	Dietary Fiber 2g	6%
Trans Fat 0g		Total Sugars 9g	
Cholesterol 0mg	0%	Incl. 0g Added Sugars	0%
Sodium 330mg	14%	Protein 11g	
Vitamin D 0mcg 0% • Calcium 72mg 6% • Iron 4mg 20% Potassium 693mg 15%			
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			

1 serving per container
Serving size
10 oz. (283g)

Calories 280
per serving



Eggplant Moussaka

6 per case / 10 oz ea. /
3.75 lb case

MONVM



Nutrition Facts

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 2.5g	3%	Total Carbohydrate 27g	10%
Saturated Fat 0g	0%	Dietary Fiber 5g	18%
Trans Fat 0g		Total Sugars 6g	
Cholesterol 0mg	0%	Incl. 1g Added Sugars	2%
Sodium 510mg	22%	Protein 18g	
Vitamin D 0mcg 0% • Calcium 121mg 10% • Iron 3mg 15% Potassium 747mg 15%			
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			

1 serving per container
Serving size
10 oz. (283g)

Calories 180
per serving

VEGETARIAN SOY BASED PRODUCT LINE

NO CHOLESTEROL • THE NATURAL CHOICE • PARVE
HEAT AND SERVE • MICROWAVABLE AND OVENABLE
*VEGAN: NO ANIMAL BY-PRODUCTS (EXA: EGGS, HONEY, ETC.)



Vegetarian Veal Style Schnitzel

6 per case / 10 oz ea. / 3.75 lb case

MONVVS



Nutrition Facts

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 6g	8%	Total Carbohydrate 27g	10%
Saturated Fat 1g	5%	Dietary Fiber 1g	4%
Trans Fat 0g		Total Sugars 4g	
Cholesterol 0mg	0%	Incl. 1g Added Sugars	2%
Sodium 560mg	24%	Protein 14g	
Vitamin D 0mcg 0% • Calcium 91mg 8% • Iron 3mg 15% Potassium 410mg 8%			
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>			
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>			

1 serving per container
Serving size 10 oz. (283g)
Calories 220 per serving



Vegetarian Salisbury Steak

6 per case / 10 oz ea. / 3.75 lb case

MONVSS



Nutrition Facts

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 3g	4%	Total Carbohydrate 37g	13%
Saturated Fat 0g	0%	Dietary Fiber 9g	32%
Trans Fat 0g		Total Sugars 10g	
Cholesterol 0mg	0%	Incl. 2g Added Sugars	4%
Sodium 250mg	11%	Protein 20g	
Vitamin D 0mcg 0% • Calcium 143mg 10% • Iron 4mg 20% Potassium 681mg 15%			
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>			
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>			

1 serving per container
Serving size 10 oz. (283g)
Calories 230 per serving



Vegan Ground Beef

6 per case / 10 oz ea. / 3.75 lb case

MONVBC



Nutrition Facts

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 0.5g	1%	Total Carbohydrate 5g	2%
Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Trans Fat 0g		Total Sugars 1g	
Cholesterol 0mg	0%	Incl. 0g Added Sugars	0%
Sodium 350mg	15%	Protein 16g	
Vitamin D 0mcg 0% • Calcium 101mg 8% • Iron 2mg 10% Potassium 420mg 8%			
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>			
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>			

4 servings per container
Serving size 2.5 oz. (71g)
Calories 80 per serving



MON CUISINE VEGETARIAN SOY BASED PRODUCT LINE

• FOOD SERVICE •

NO CHOLESTEROL • THE NATURAL CHOICE • PARVE • HEAT AND SERVE • MICROWAVABLE AND OVENABLE
*VEGAN: NO ANIMAL BY-PRODUCTS (EXA: EGGS, HONEY, ETC.)

FULLY COOKED / C-PET TRAY / IN SAUCE

ITEM DESCRIPTION	CODE	UPC#	PORT/CS	PK/WT
STUFFED CABBAGE IN TOMATO SAUCE	05-VSCBS	05132899564	24/8 OZ	2/6 LBS
VEGAN MEATBALLS IN TANGY SAUCE	05-VMTSM	05132899560	112/1 OZ	2/6 LBS
VEAL STYLE CUTLET IN MARINA SAUCE	05-VCMBM	05132899552	20/9.6 OZ	2/6 LBS
SALISBURY STEAK IN BROWN SAUCE	05-VSSM	05132899568	24/8 OZ	2/6 LBS
GRILLED STEAK IN MUSHROOM SAUCE	05-VSM	05132899565	24/8 OZ	2/6 LBS
STUFFED PEPPER IN MARINA SAUCE	05-VSPBM	05132899566	24/8 OZ	2/6 LBS
RAVIOLI IN TOMATO SAUCE	05-VRB	05132899563	48/4 OZ	2/6 LBS
VEGAN STUFFED SHELL PASTA IN TOMATO SAUCE	05-VSSPM	05132899569	24/8 OZ	2/6 LBS
VEGGIE HAWAIIAN NUGGETS WITH PINEAPPLE IN SAUCE	05-VHNM	05132899558	48/4 OZ	2/6 LBS

FULLY COOKED / I.Q.F. ITEMS ON REVERSE



PHONE: 718.894.2000 • FAX: 718.326.4642 • FAX ORDERS: 718.663.7272
ALLEPROCESSING.COM • 56-20 59TH STREET MASPETH, NY 11378

SCAN TO CHECK OUT OUR PRODUCTS AT ALLEPROCESSING.COM

FULLY COOKED / I.Q.F

ITEM DESCRIPTION	CODE	UPC#	PORT/CS	PK/WT
VEGGIE BURGER	VBURGER1	05132899788	48/3.2 OZ	9.6 LBS
VEGGIE PATTY	05-VPN	05132870517	48/3.2 OZ	9.6 LBS
VEGGIE BREAKFAST / PIZZA CRUMBLES	05-BC	05132899540	2/5 LB	10 LBS
VEGGIE GRILLERS	05-VGB	05132899973	48/3 OZ	7.5 LBS
VEGAN BREAKFAST SAUSAGE	05-VBS	05132899569	168/0.4 OZ	10.5 LBS
VEGAN BREAKFAST SAUSAGE PATTY	05-VBSP	05132899675	112/1.5 OZ	10.5 LBS
VEGAN STRIPS	05-VBSS	05132899674	324/0.2 OZ	5.67 LBS
VEGAN MEATBALL	05-VMVEG	05132899561	160/1 OZ	10 LBS
VEGAN CHICKEN DRUMSTICK, BREADED	05-BCD		64/205 OZ	10 LBS
VEGAN CHICKEN NUGGETS, BREADED	05-VN	05132899734	200/0.8 OZ	10 LBS
VEGAN CHICKEN PATTIES, BREADED	05-VCPRM	05132899553	48/2.5 OZ	10 LBS
VEGAN CUTLET, BREADED	05-VCVEG	05132899522	60/3.2 OZ	12 LBS
VEGAN EGG ROLL (MEATLESS GINGER CHICKEN)	05-NERL	05132899548	30/5 OZ	10 LBS
VEGAN CHICKEN NUGGETS WITH SESAME, BREADED	05-VNS	05132899562	200/0.8 OZ	2/6 LBS
VEGAN BURGER	VBURGER2	05132870534	48/3 OZ	9 LBS
VEGAN CHICKEN STYLE ROLL	05-HSTC	05132899544	4/4 LB	16 LBS
VEGAN RAVIOLI	05-MVMR	05132899546	330/0.5 OZ	10 LBS
VEGAN STUFFED SHELL PASTA	05-MVMS	05132899547	118/1.5 OZ	11 LBS
VEGAN CHICKEN STRIPS	05-VCS	05132899554	91/1.76 OZ	10 LBS
VEGAN CHICKEN KIEV	05-VCK	05132899551	20/4.5 OZ	5-6 LBS
VEGAN DICED CHICKEN	05-VDC	05132899556	45/3.5 OZ	10 LBS
FALAFEL BALLS	05-VFB	05132899702	150-160/1 OZ	10 LBS
VEGAN CHICKEN STYLE POT PIE	05-VCPPFS	05132899742	18/9 OZ	10 LBS
VEGAN FRANKS 8 TO THE LB	05-VF	05132899630		10 LBS



ALLE PROCESSING

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718-894-2000

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